

PROGRAM FOR PROTECTION FROM BIRTH

The Program begins at 1 month of age and continues, in reducing frequency, up until your child is around 5 years old - or 12 years if you choose to include Rubella.

If you start later than 1 month of age, the first dose is considered to be month 1 of your program. In children over 12 months of age I generally individualise the program so you can "catch up".

The Program covers all diseases immunised against under the conventional program which are deemed to be cause for concern either to the child or to the community. Remedies to protect against some of the less severe diseases are included but administration is optional. Those diseases which are now immunised against but which are not included in the Program can be purchased separately and factored into your own program. The content of the Program is updated regularly as required.

The Program is supplied with full instructions regarding administration of the remedies, plus a record card with space to record any adverse or notable reactions to any of the remedies. Support is offered throughout your program.

Even if you have your own homeopath, your point of contact for questions or concerns regarding the program will be myself, as many homeopaths do not use and/or are not familiar with the HP program.

Main Program Contents

Remedy Name	Disease Name	Approx Age/Month of Administration
A. Pertussin 200c, 10M	Whooping Cough	1, 2, 16, 30 (54)
B. Tetanus Tox 200c, 10M	Tetanus	11,12, 26, 50 (74)
C. Lathyrus 200c, 10M	Polio	5, 6, 20, 38 (62)
D. Rubella 200c, 10M	Rubella	13, 14, 28, 10yrs, 12 yrs
G. Pneumococcinum 200c, 10M	Pneumococcal	3, 4, 18, 34 (58)
H. Haemophilis 200c, 10M	HIB	7, 8, 22, 42 (66)
I. Meningococcinum 200c, 10M	Meningococcal	9, 10, 24, 46 (70)

() optional booster dose

Additional Remedies Supplied

E	Morbillinum 200c, 10M	Measles
J	Ledum 30c	Following a wound.

Optional Extras

Diphtheria - Diphtherinum 200c, 10M
Mumps - Parotidinum 200c, 10M
Hepatitis B - Hep B 200c, 10M
Influenza – Anas Barb (Oscillo) 200c
Tuberculosis – Tub Bov 200c, 10M
Chicken Pox—Varicella 200c, 10M

melanie creedy

lic hom bsh (uk), maha, aroh
registered homeopath

Ph: 0409 089965

www.elementsofhealth.com.au



Homeoprophylaxis is sometimes referred to as Homeopathic Immunisation.

Although it is Government policy to encourage vaccination of all children, there are many families who choose not to vaccinate their children by orthodox means.

For families who have already chosen not to vaccinate their children, homeopathy offers an alternative to orthodox vaccination via a program of homeopathic remedies known as 'homeoprophylaxis' (HP), which protects against the same diseases as conventional vaccination without the dangers.

Homeoprophylaxis has been used successfully for around 200 years, while the program we support, pioneered by Isaac Golden, has been in use for over 20 years. With much research to prove its efficacy, clinical studies show an average protection rate of 90.4% with no side effects or toxic ingredients.

The remedies are administered by mouth, making their way into the immune system naturally, rather than being injected into the blood stream.

The HP program offered covers the diseases of most concern, while HP remedies for additional diseases are available separately.

A consultation is required for the dispensing of any HP remedies.

* Current at 1 June 2012

elementsofhealth.com.au
passionate about homeopathy

HOMEOPROPHYLAXIS ('HP')

The basis of the program contained in this leaflet has been refined over a period of some 20 years by Isaac Golden, an Australian homeopath, who has made homeoprophylaxis his specialty.

Clinical trials and research have been undertaken and show levels of natural protection are increased against childhood diseases by the administration of homeopathic remedies. This is a proven and low risk method of protecting your child from potentially serious disease.

There is also clinical evidence to show that children who have received homeoprophylaxis (HP) have better overall health than children who have received no form of immunisation.

Isaac Golden's research papers and books are available on the Australian Vaccination Network website.

Homeoprophylaxis (HP) is suggested for those parents who have made a firm decision not to immunise their children but would like to employ a safe alternative method of protection and for children who have previously had an adverse reaction to conventional immunisation.

What if the diseases I want to protect against are not in the program?

Under the updated 2004 version of the HP program, some disease cover has been removed as the diseases are considered mild in healthy children. "Less is more" in homeopathy and we want the child to develop a healthy immune system naturally, rather than using these powerful remedies unnecessarily.

You can however tailor the program to fit your needs and add in other diseases you wish to protect against by purchasing the remedies separately. Please ask at your consultation. A similar program of remedies is available for overseas travel.

What if I'm starting when my child is months or even years old?

The program is flexible. If you are starting late, you start at the beginning and give the remedies in the

order shown, one remedy every month, until you have caught up with the ages of administration in the Program.

You can choose which parts of the program you wish to give your child.

What is my child still gets the disease?

No method of protection can ever be 100% effective, but if your child is exposed to a confirmed source of infection, and you are concerned about their exposure to a potentially high risk illness, prophylactic homeopathic remedies are available.

What if I've already had my child immunised by orthodox means?

If you have part immunised your child, but now wish to change to HP, a modified program can be individually suggested.

If you have chosen to immunise your child and will continue to do so, constitutional treatment will help the body recover from any ill effects and build up the immune system over time. It is possible to combine conventional immunisation and HP.

If there have been adverse reactions in the past to conventional immunisation, homeopathic treatment may be undertaken to repair the damage and stabilise the immune system.

What if I don't want to use either conventional immunisation or HP?

I believe every family should have the choice of whether or not to immunise, and should be offered information on alternatives to immunisation to enable them to make an informed decision on long term healthcare for their children.

Should you choose not to use either conventional or homeopathic options for your child, I strongly recommend constitutional treatment to strengthen the immune system and build up your child's ability to resist disease, and recover quickly and completely. Modalities such as naturopathy, osteopathy or chiropractic are also helpful.

The purchase of a Homeopathic Home Remedy kit to enable treatment of childhood disease, should it

arise, is highly recommended as homeopathy encourages the body to heal itself, thus continually strengthening the immune system.

A Home Remedy Kit of 28 remedies contains most of the remedies you are likely to need for your family.

Reaction to remedies in the Program

Occasionally a child will react to remedies in the program. These are NOT toxic reactions as can be experienced with conventional immunisation. They represent a clearing effect and indicate the child has a predisposition to this particular disease. Any reaction will typically be mild and short lasting. If your child experiences any noticeable reaction, support and advice is available as part of the program.

Keeping Records

It is important to keep accurate records of all remedies given in the Program and a card is provided with the Program for this purpose. This supports your claim that you have been acting to protect your child, should proof of this be required.

While immunisation is not currently compulsory in Australia, please note that HP is not currently recognised by Government bodies or the medical system as a valid form of immunisation. Please contact either myself or the AVN if you have any concerns about school entry.

If you do not immunise, you may be required to submit a Conscientious Objection Form to the Government's Vaccination Register. These are available from the Clinic, on request by email or from your Medicare office or GP.

For further detailed information on the program email

melanie@elementsofhealth.com.au