

practitioner support

As practitioners we can experience a variety of energies which may drain, exhaust and confuse us, often despite our best efforts at protecting ourselves.

We created this product for our clinic, and now offer it to those practitioners who find creating energetic boundaries difficult, leading to exhaustion, heaviness and sometimes negativity.

Use **practitioner support** before and after each client to clear and rebalance the energies, revitalise the aura, strengthen personal boundaries and create a sacred space for healing to take place.

*We get great feed-back time after time with this product not just from practitioners but also from clients using it as an alternative to our **space clearing** spray because its effect is on the individual rather than an area.*

ST, acupuncturist, says "This is the best Practitioner Support product I've ever come across. I use bottles and bottles of it!"

protection

We are constantly subjected to a range of energies that can overwhelm us; mentally, emotionally, physically and of course spiritually.

We can use the protection practices we've learned, but sometimes we need more to support us in preventing picking up these energies again.

We have **space clearing** and **practitioner support**, which are great for clearing out unwanted and unpleasant energies from other people or events.

But what do you do after you've done your clearing and cleansing?

You need to be able to reset the boundaries and hold those protective energies firm as you go through your day and through your life.

Our **protection** spray helps protect you and your energy, maintain the auric field, create effective boundaries for the real world, strengthen connection with Source, and gently nurture and support you and your family in times of challenge.

Good for those who are sensitive or struggle with maintaining good boundaries in a range of situations.

space clearing

Do you struggle with negative energies?

Can you feel exhausted after visitors to your home or office?

Do you just feel like you need to cleanse your space?

Space clearing is an important element of a harmonious life. In our homes and offices we can experience a variety of energies which may drain, exhaust and confuse us, often despite our best efforts at protecting ourselves. Living with long term negative energies can lead to ill health.

Based on many years of working with vibrational medicine and essences we created this product for those people who are sensitive to a variety of negative energies and who find creating energetic boundaries difficult, leading to a variety of symptoms and feelings.

While tools such as crystals, salt cleansing and smudging are helpful and important, **space clearing** works on a more energetic and dynamic level helping to clear subtle and stubborn energies.

Use **space clearing** before and after visitors to your home or office to clear and rebalance the energies, revitalise the aura, strengthen personal boundaries and create a sacred space to live and work in.

An important tool if you move into a new home or stay in a hotel!

envirosprays

These powerful and unique vibrational essences contain the synergistic energies of a selection of plants, minerals, colours and crystals targeted to meet a range of needs which are often overlooked in our busy and sometimes toxic world.

envirosprays are prepared as a room/body spray, dispensed in a Lemon Myrtle Floral Water base, and are simple and pleasant to use.

Created by Elements of Health
at Wyldwood in Mountain River, Tasmania
by Dean & Melanie Creedy

envirosprays

In our modern world we are constantly subjected to substances, energies and other pollutants that are toxic and disturbing in wide ranging ways.

The list of these energetic substances is long, but some of the more familiar might include airborne pollutants from industry, residues from pesticides and fertilizers and off-gassing from newly purchased furniture, paint and flooring.

EMFs and other forms of radiation are becoming increasingly problematic with the roll out of the 5g network, but EMFs are emitted from a wide range of modern gadgetry and infrastructure.

Our food and water are a source of hidden toxins and heavy metals that can affect our health and well-being.

Even artificial light can affect some sensitive individuals.

Over time these toxic energies may impact us on a cellular level, pushing us off balance, and may be difficult to manage with standard treatments due to their energetic nature.

envirosprays are vibrational essences, resonating on a deep level with our energy systems.

Created by an experienced and passionate homeopath, they help negate toxicity, shock and other effects of a range of pollutants to help build a stronger system and to bring us back to balance.

Our range also includes essences to clear negative energies, to assist meditation and focus, and to ground.

lovingly heartcrafted by
elementsofhealth.com.au
supporting your journey to wellness



electro-emissions

A major problem these days are electro-emissions and the level of electromagnetic radiation we are all exposed to in our homes and in our daily lives.

Our children are probably most at risk because we don't know the long-term problems associated with our lifestyle.

We are constantly bombarded with radiation and EMF waves from digital/mobile phones and towers, televisions, micro-waves, computers, high tech medical equipment and power lines and now 5G is rolling out across the country.

Tiredness, irritability and stress can often be attributed to this unseen toxic shock to the body, but high users and sensitive individuals can experience a range of physical symptoms which can range from annoying to debilitating. If you suffer headache, buzzing in head or ears, a sense of trembling or similar after using any electronic devices **electro-emissions** can be helpful in settling things down.

electro-emissions is a room spray, while **I-Clear**, part of our **WyldChyld Essences** range is the same ingredients in an oral form. This means you can dose each child or adult individually and know they've had the essence.

Our spray derives from vibrational essences which have an affinity for the side effects of radiation and EMFs and can be used as required for both adults and children.

electro-emissions is a great way to disrupt the energy of EMFs and 5G and works because our remedies are frequencies themselves. By matching the frequency of the remedy to the frequency of the energy or pathogen, we can help negate the symptoms or state.

We have recently updated to include cover for 5G and to help counteract the effects of excess blue light.

envirosprays range

enviro-toxins

Environmental toxins include a wide range of air, water and earth-borne pollutants in our modern environment.

Toxins such as exhaust fumes, off-gassing from new furniture and carpets and other synthetic fabrics, paints, glues, wood treatments, insecticide, water treatment, plastics, moulds, and so on, each with its own effect on an individual.

They are an unseen danger and can linger for weeks or even months in our homes and businesses, causing a variety of symptoms including fatigue, irritability, coughs and sore throats, headaches, abdominal pain, insomnia and joint pain.

enviro-toxins has been created from powerful vibrational essences which help cleanse the home of these toxins and clear them from the environment. These toxins are forms of negative energy and it takes a powerful vibrational energy to achieve a clearing, more than can be achieved with cleaning products or fragrances which are often used to cover up the obvious odour.

ground my life

This is our newest **envirospray** after many requests and discussions in our clinic for something to settle down that speedy, floaty, unfocussed, out-of-your-body and out-of-your-base feeling?

A sign of the times and a feature of our lives today unfortunately.

Our **ground my life** spray contains vibrational essences to keep you grounded when you need to function in the world and need to stay centred to get things done.

light relief

Some individuals are particularly sensitive to pollution from light sources such as fluorescent light, UV or halogen, and phone and computer screens. While we are constantly bombarded with radiation and EMF waves from sources such as mobile phones and towers, televisions, micro-waves and computers, these light sources can be as much of an issue for some.

Tiredness, irritability and stress can often be attributed to this unseen toxic-shock to the body, but high users and sensitive individuals can experience a range of physical symptoms which can range from annoying to debilitating. If you suffer headache, buzzing in head or ears, a sense of trembling or similar after being exposed to a light source, **light relief** can be helpful in settling things down.

Our spray derives from vibrational essences which have an affinity for the side effects of the various forms of light to which people can be sensitive and can be used as required for both adults and children.

Vibrational essences are a form of energy medicine, resonating with the energetic frequency of these forms of light, hence their ability to assist with the effects of exposure.

Regular use may help clear the system generally and aims to rebalance the energetic system and strengthen the immune system.

peace be still

Busy mind, restless spirit?

Need more time, space, energy?

Then find a quiet place and sit, spray, chill . . .

Find a quiet place to chill, pray, meditate, collect your thoughts away from our over-stimulated and busy world.

Use before sleep or meditation, put on some music, close your eyes, shut out the world in order to re-energise, revitalise and relax.